Jackson Wolf News

HENRY M. JACKSON HIGH SCHOOL NEWSLETTER

DECEMBER 2017

VOLUME 1, ISSUE 1

From the Principal

Hello, Timberwolf families! I want to introduce you to a new monthly newsletter that you will be receiving. It will include a principal's message, information about upcoming events and dates, and current district news. The PTSA will continue to publish their monthly <u>Wolf Tracks</u> newsletter. This Jackson Wolf News, however, will be replacing our SCOOP for Parents. You will find this newsletter linked on the <u>JHS homepage</u> in addition to being delivered to you via email (if we have one on record for you). We hope you find it informative!

Reflections on Gratefulness

I hope you all had a VERY happy Thanksgiving break with your family and loved ones!! Daily I am grateful for the opportunity to work with such a promising group of young adults as well as an incredibly dedicated staff. This time each year I am reminded of the incredible power in gratefulness as the key ingredient to happiness. David Steindl-Rast suggests a simple habit that can help us capture what we're grateful for...

STOP-to notice what you're grateful for,

LOOK-at the opportunities that your life gives you in the moment,

And GO—share your happiness by helping someone, by giving to someone. He also has a <u>message about gratitude captured in a beautiful video</u> (starting at 4:25) that I appreciate watching this time each year.

I am looking forward to finding ways to teach our students at Jackson to be resilient in their efforts and in their relationships.

Resilience

"It's not what happens to us, but our response to what happens to us that hurts us." Truly, too many of us are responding to challenges and adversity today in a way that zaps our motivation and confidence and can even lead to feelings of hopelessness and depression.

During our Learning Improvement Day in mid-October, many of us had the opportunity to hear Christian Moore speak. He is the author of *The Resilience*

Dave Peters Principal

Henry M. Jackson High School 1508 136th Street SE Mill Creek, WA 98012 www.everettsd.org/jacksonhs

Dec. 1 Learning Improvement Friday Senior Ads Due for Yearbook

Dec. 5 Wall of Fame Photo Day (Club Photos)

Dec. 8 Learning Improvement Friday

Dec. 11 Toy Drive Ends

Dec. 11-15 Spirit Week

Dec. 13-14 3rd Period Door Decoration Judging

Dec. 14 Food Drive Ends

Dec. 15 Learning Improvement Friday Winter Pep Assembly

Dec. 18-Jan. 1 Winter Break – School Closed



Breakthrough and the developer of the "Why Try?" curriculum. He shared with us interesting case studies of people who had very difficult but similar circumstances in their lives. Their responses to their situations either caused them to spiral down to dark emotional places, or their responses caused them to not just bounce back but to actually launch forward, becoming successful and an inspiration to those around them.

The key difference between the two is the concept of "resilience." Mr. Moore explained that the resilient person has learned the ability to take the energy from both positive AND negative feelings and use it as fuel for a productive outcome. They see problems as their best friends—that help them learn, grow, and become stronger. They view failure as part of the learning process, and it serves as a motivation to try something different the next time. I am looking forward to finding ways to teach our students at Jackson to be resilient in their efforts and in their relationships. This will be a great gift to give them as we prepare them for their futures!

Yearbook News

Yearbooks go on sale from December 4 through **December 15**. If your student wants a yearbook and you haven't already purchased one, this is your last chance to ensure you'll get one! The yearbooks sold in June are just left overs, and they usually go <u>very</u> quickly. **Seniors** have until **Monday**, **December 4**, to check their senior portrait and quote for the yearbook to make sure they are correct. They're hanging outside the cafeteria across from the ASB office.

Toy Drive

Henry the Giving Snowman is back! This is your chance to help families in need and their children! It's simple: Just take a name off the fence, buy a toy, and put it back with Henry with the child's name attached to it. Henry will stay until **Monday**, **Dec. 11**. This is a great way to give to our community and help families in need!

Fall Food Drive

The fall food drive will continue through **Thursday**, **Dec. 14**. Our food drives help support our local Mill Creek Community Food Bank, which currently is behind Gold Creek Church in 3 large storage units. The food bank supports about 80 families in need who live in the 98012/98208 area. The food bank is close to Jackson's heart as it started in one of our portables with the help of some of our students' parents and our faculty. Last year, our fall food drive raised 22,000 cans, thanks to our amazing students and staff. That food helped keep the food bank running until March, just in time for our spring food drive. Our goal for this drive is to reach 23,000 food items.

- The competition is among 1st period classes.
- A list of most needed non-perishable foods is <u>attached</u>.
- Cash donations are also accepted. Money CANNOT be given to teachers or to the students picking up the donations. All cash donations MUST go to the ASB Office.
- The point system this year will be 1 can/food box = 1 point and \$1= 1 point.
- Donations will be collected every morning by our 1st period Leadership class, starting Monday, Nov. 13; they will keep track of points and cash.
- The prize for this year's 1st place class winner is a breakfast provided by ASB.



New Counselor

San Le has joined our staff as the shared JHS/CHS counselor. At Jackson, he will work with the Cr-F student alpha. Following is his schedule. Please know that even when Mr. Le is not physically present at JHS, he will always be accessible via email: <u>SLe@everettsd.org</u>. Also, any of our other counselors are available to help students in crisis, as needed.

Mondays	7:00-2:30	JHS
Tuesdays	7:00-2:30	Cascade
Wed. & Thurs.	7:00-10:30	Cascade
Wed. & Thurs.	11:00-2:30	JHS
Fridays	7:00-2:30	Alternating schools with some flexibility

We welcome San to JHS!

Volunteer Application Online

Want to attend a field trip this spring? Time to renew an expired volunteer application? <u>Apply or renew quickly and easily online</u>. Applying online saves postage time, and your application gets processed even faster.

Prepare for Bad Weather

Find emergency school schedule information (usually by 5:45 a.m.) on the <u>Safety and Emergencies</u> page under the *Parents* tab on the district website for full details and other resources.

- <u>FlashAlert.net</u>: You can subscribe to receive notices at the same time those notices are sent to media outlets, or you can bookmark this site to check for a listing of regional school emergency schedule information.
- Media news reports (media gets information from FlashAlert)
- District website: <u>www.everettsd.org</u>
- District information line at 425-385-4636
- Blackboard Connect* calls, emails and text messages sent to families usually by 5:45 a.m.
 *Please be sure your contact information is current at your school. For JHS, email <u>DWilliamson@everettsd.org</u>.
- Program <u>impact chart</u> outlines how various school programs and activities are impacted when school is cancelled or starts late.

No announcement means schools are on a regular schedule.

Snow Routes Are Online!

School drop-off and pick-up locations may change in an emergency situation. If your child rides a bus to school, please become familiar with the <u>snow route information</u> on the district transportation department's webpage.

Free Research-based Tools to Help Stop Bullying

<u>Stopbullying.gov</u> has bullying prevention information and strategies. There are training modules, PowerPoints, toolkits, videos, resources, state-by-state laws and policies, suggestions about how to talk about bullying with your kids, and much more.



Upcoming Dates of Interest

LIF days are listed in the JHS online calendar, the EPS online calendar, and the EPS student school year calend
Jan. 4-15Aussies Here
Mon., Jan. 15 No School: Martin Luther King Jr. Day
Tues., Jan. 23 Link Crew Tutoring for Finals
Jan. 24-26 First Semester Finals
Fri., Jan. 26 End of First Semester
Mon., Jan. 29No School for Students: Teacher Work Day
Tues., Jan. 30 Second Semester Begins
Tues., Feb. 13 Special Election
Thurs., Feb. 15 Running Start Info Meeting
Feb. 19 & 20No School: Presidents Day/Mid-Winter Break
Mon., Feb. 26 2018-19 Pre-Registration Kick-off Video in 2nd Period Classes
Feb. 27–March 23 5th Period Advisory Meetings for 2018-19
Thurs., March 1 AP Information Night
Wed., March 7 School Day SAT for Juniors
Sun., March 11 Daylight Savings Time Begins: Set Clocks Forward One Hour
Thurs., March 15 Running Start Info Meeting
Fri., March 16 End of 3rd Quarter
Tues., March 20
April 2-6No School: Spring Break
April 10 & 11 AP Bubble Sessions
Thurs., April 12 Make-up AP Bubble Session
Wed., April 18RSVP Forms for 2018-19 Distributed to Students in 1st Period
Thurs., April 19 Spring Blood Drive
Fri., April 20 RSVP Forms Due
Tues., April 24Special Election
May 7-18 AP Exams
May 22 & 24SBA ELA Testing
May 23-25Late AP Exams
Mon., May 28No School: Memorial Day
Wed., May 30SBA Math Testing
Wed., May 30Senior Awards Night
Thurs., May 31 District Athletic Awards Night
Sat., June 2 Prom
Tues., June 5 WCAS Testing
Fri., June 8 Early Release with Lunch
Fri., June 8 Mom & Me Tea
Fri., June 8Staff vs. Seniors Basketball Game—benefitting the Staff Scholarship Fund
Thurs., June 14 Senior Inspiration Night
Fri., June 15Graduation Rehearsal & Senior BBQ Sat., June 16Graduation, 4-6 p.m., xFinity Arena



Tues., June 19..... Last Day of School (Early Release)-subject to change due to inclement weather make-up days

Helpful Links & Resources

- Check Jackson's <u>home page</u> for links to our most current **athletic events**, **club meeting times**, **daily announcements**, **activities calendar**, and more.
- Parents, keep up with your student's academic progress, assignments, attendance, and more via **LMS** (click the "Grades & More" icon at the top of any district or school webpage, then the blue "Info" button). If you don't know your LMS login ID/password, contact <u>LMS@everettsd.org</u>.
- For Naviance help, any student or parent can contact Sarah Pewitt, High School & Beyond Facilitator, at <u>Naviance@everettsd.org</u> or 425-385-4183 (email is preferred).
- Follow these JHS Twitter accounts: @HMJacksonHS, @announceJHS, @jhswolfpack, @classofJHS2018, @jhsasb2019
- Follow JHS ASB on Instagram.
- The Jackson High School app "JHS CONNECT"—for students, parents, staff, and anyone else interested in JHS—is FREE in the app store.
- Go to the district <u>communications webpage</u> for information about Everett Public Schools' <u>FREE mobile app</u> for parents, students, and staff, or download the "Everett Public Schools" app from your phone's app store.
- Follow Everett Public Schools on <u>Facebook</u> and <u>Twitter</u>.
- At the bottom of any district webpage, you can sign up for InTouch announcements right to your email box about twice a month.

AP Capstone: College Board AP Capstone Overview

AP Capstone: Program Brochure

AP Capstone: Student Brochure

Attendance Reporting

Bell Schedule: Early Release WITH Lunch

Bell Schedule: LIF Day

Bell Schedule: <u>Regular Day</u>

<u>Bullying Prevention</u> (free resources at stopbullying.gov)

Calendar: JHS Activities Calendar

Calendar: School Year Calendar, 2017-18

Calendar: Student Art Calendar, 2017-18

District Course Catalog for 2017-2018

Frequently Used Phone Numbers

Honor Society Tutor List

Lunch Schedules: 2017-2018, Fall Semester | 2017-2018, Spring Semester

Maps of School: Lower Level | Upper Level

Pre-Arranged Absence Form

Private Vehicle Driving Form

PTSA: PTSA Membership Form

PTSA: <u>Wolf Tracks newsletter</u>, current school year issues

PTSA: Wolf Tracks newsletter archives

Pyramid of Interventions: Study Halls, Extended Day Tutorials, etc.

School Bus Snow Routes Info

Student Handbook: Everett Public Schools Student Responsibilities & Rights Policies, 2017-18

Student Handbook: Henry M. Jackson High School Student Handbook, 2017-2018



Student Schedule Change Policy

Transcripts

Volunteer Application Online

Everett Public Schools does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including gender expression or identity, the presence of any sensory, mental, or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:

- Affirmative Action Office Carol Stolz, <u>cstolz@everettsd.org</u>, 425-385-4106
- Title IX Officer Randi Seaberg, rseaberg@everettsd.org, 425-385-4104
- 504 Coordinator Becky Ballbach, <u>rballbach@everettsd.org</u>, 425-385-4063
- ADA Coordinator Becky Clifford, <u>rclifford@everettsd.org</u>, 425-385-5250

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